						TEAM SCHEDULE
DAY 1	KEEPER TRAINING SCHEDULE	DAY 1	DAY 1	TEAMS C D G H FIELD 2	TEAMS A B E F FIELD 1	DAY 1
7:30 - 8:20 a.m.	Player Check In	7:30 - 8:20 a.m.	7:30 - 8:20 a.m.	Player Check In	Player Check In	7:30 - 8:20 a.m.
	Camp Welcome/Introductions FIELD 1	8:20 - 8:30 a.m.	8:20 - 8:30 a.m.	Camp Welcome/Introductions FIELD 1	Camp Welcome/Introductions FIELD 1	8:20 - 8:30 a.m.
8:30 - 9:00 a.m.	E, F, G, H Training	8:30 - 9:00 a.m.	8:30 - 9:00 a.m.	Training TEAMS C & D	Training TEAMS A & B	8:30 - 9:00 a.m.
9:00 - 9:30 a.m.	A, B, C, D Training	9:00 - 9:30 a.m.	9:00 - 9:30 a.m.	Training TEAMS G & H	Training TEAMS E & F	9:00 - 9:30 a.m.
9:30 - 10:00 a.m.	E, F, G, H Q&A	9:30 - 10:00 a.m.	9:30 - 10:00 a.m.	7 V 7 TEAMS C vs D	7 V 7 TEAMS A & B	9:30 - 10:00 a.m.
10:00 - 10:30 a.m.	A, B, C, D Q&A	10:00 - 10:30 a.m.	10:00 - 10:30 a.m.	7 V 7 TEAMS G vs H	7 V 7 TEAMS E & F	10:00 - 10:30 a.m.
	1 1 1	10:30 - 11:15 a.m.				
11:15 - 12:15 p.m.	Lunch	11:15 - 12:15 p.m.	11:15 - 12:15 p.m.	Lunch	Lunch	11:15 - 12:15 p.m.
12:15 - 1:00 p.m.	E, F, G, H Training	12:15 - 1:00 p.m.	12:15 - 12:30 p.m.	Pre-Game Warm Up	Pre-Game Warm Up	12:15 - 12:30 p.m.
	E, F, G, H Rest/Watch Game	1:00 - 2:00 p.m.	12:30 - 2:00 p.m.	11 V 11 TEAMS C vs D	11 V 11 TEAMS A vs B	12:30 - 2:00 p.m.
2:00 - 2:15 p.m.	A, B, C, D Rest	2:00 - 2:15 p.m.	2:00 - 2:15 p.m.	Pre-Game Warm Up	Pre-Game Warm Up	2:00 - 2:15 p.m.
2:15 - 3:00 p.m.	A, B, C, D Training	2:15 - 3:00 p.m.	2:15 - 3:45 p.m.	11 V 11 TEAMS G vs H	11 V 11 TEAMS E vs F	2:15 - 3:45 p.m.
3:00 p.m	Departures	3:00 p.m	3:45 p.m	Departures	Departures	3:45 p.m
3.00 p.m	Departures	5.00 p.m	3.45 p.m	Departures	Departures	3.43 p.m
E DAY 2	KEEPER TRAINING SCHEDULE	DAY 2	DAY 2	TEAMS C D G H FIELD 1	TEAMS A B E F FIELD 2	DAY 2
8:00 - 8:30 a.m.		8:00 - 8:30 a.m.	8:00 - 8:30 a.m.	Training TEAMS C & G	Training TEAMS A & E	8:00 - 8:30 a.m.
	B, F, D, H Training		8:30 - 9:00 a.m.			8:30 - 9:00 a.m.
8:30 - 9:00 a.m.	A, E, C, G Training	8:30 - 9:00 a.m.	9:00 - 9:15 a.m.	Training TEAMS D & H Pre-Game Warm Up	Training TEAMS B & F Pre-Game Warm Up	9:00 - 9:15 a.m.
	B, F, D, H Rest/Watch Game	9:00 - 10:00 a.m.		·	•	
10:00 - 10:45 a.m.	B, F, D, H Training	10:00 - 10:45 a.m.	9:15 - 10:45 a.m.	11 V 11 TEAMS C vs G	11 V 11 TEAMS A vs E	9:15 - 10:45 a.m.
	A, E, C, G Rest/Watch Game	10:45 - 11:45 p.m.	10:45 - 11:00 p.m.	Pre-Game Warm Up	Pre-Game Warm Up	10:45 - 11:00 p.m.
11:45 - 12:30 p.m.	A, E, C, G Training	11:45 - 12:30 p.m.	11:00 - 12:30 p.m.	11 V 11 TEAMS D vs H	11 V 11 TEAMS B vs F	11:00 - 12:30 p.m.
12:30 - 1:30 p.m.	Lunch	12:30 - 1:30 p.m.	12:30 - 1:30 p.m.	Lunch	Lunch	12:30 - 1:30 p.m.
1:30 - 2:00 p.m.	B, F, D, H Training	1:30 - 2:00 p.m.	1:30 - 2:00 p.m.	7 v 7 TEAMS C & G	7 v 7 TEAMS A & E	1:30 - 2:00 p.m.
2:00 - 2:30 p.m.	A, E, C, G Training	2:00 - 2:30 p.m.	2:00 - 2:30 p.m.	7 v 7 TEAMS D & H	7 v 7 TEAMS B & F	2:00 - 2:30 p.m.
2:30 p.m	Departures	2:30 p.m	2:30 p.m	Departures	Departures	2:30 p.m
						Day 1
				train until 3:00 p.m.)	Field Players can depart at 2:00 p.m.(Keepers	
						Day 2
				train until 2:30 p.m.)	Field players can depart at 2:00 p.m.(Keepers	Team's A E C & G